





ACTIVITY CALENDAR ASSISTED LIVING APARTMENTS

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Hy-Vee Shopping 9:30am Bingo 2pm	2 Exercises 10am Cards 2pm	3 Bible Study 10:30 Target 1:30-3:30pm Trivia 2pm	4 Egg Breakfast Exercises 10am Hymn Singing 10:30	5 Skip-Bo 2pm Bingo 2p	6 Exercises 10am Cards 2pm Movie and Popcorn 2pm
7 Chapel Service 1:30 pm	8 Hy-Vee Shopping 9:30am Bingo 2pm	9 Exercises 10am 5 minute Back Rubs 2pm	10 Bible Study 10:30 Wal-Mart 1:30-3:30pm Manicures 2pm	11 Exercises 10am Hymn Singing 10:30 Cross Word Puzzles 2pm	12 Skip-Bo 2pm Bingo 2p	13 Exercises 10am Cards 2pm Movie and Popcorn 2pm
14 Chapel Service 1:30 pm  Day-Light-Saving Time Begins	15 Hy-Vee Shopping 9:30am Bingo 2pm	16 Exercises 10am Cards 2pm	17 Bible Study 10:30 Resident Council After Lunch North Park Mall 1:30-3:30pm Silver Tones 2pm 	18 Pancake Breakfast Exercises 10am Hymn Singing 10:30 Cross Word Puzzles 2pm	19 Skip-Bo 2pm Bingo 2p	20 Exercises 10am Cards 2pm Movie and Popcorn 2pm 
21 Chapel Service 1:30 pm	22 Hy-Vee Shopping 9:30am Bingo 2pm	23 Exercises 10am Hot Apple Cider and Cookies 2p	24 Bible Study 10:30 K-Mart 1:30-3:30pm Cards 2pm	25 Exercises 10am Communion 10:30am Cross Word Puzzles 2pm	26 Skip-Bo 2pm Bingo 2p	27 Exercises 10am Cards 2pm Movie and Popcorn 2pm
28 Chapel Service 1:30 pm	29 Hy-Vee Shopping 9:30am Bingo 2pm	30 Exercises 10am	31 Bible Study 10:30 Cross Word Puzzles 2pm	Activities Highlighted in yellow are at the nursing home		Activity Calendar subject to change without notice