

Our Continuum of Care Includes:

Skilled Care

Our Therapy Department staff utilizes progressive rehabilitation technologies, specialized treatment programs and advanced training to provide the most effective Physical, Occupational and Speech Therapy available. This professional team of Therapists strives to help each patient reach *their* highest functional potential in the fastest and least painful way possible.

Nursing Care

Our 62 bed, Medicare & Medicaid Certified Nursing Facility provides a wide range of care including:

- ♥ Long-term Care
- ♥ Restorative Care
- ♥ Respite Care
- ♥ Hospice Care

*Call or stop
in for a tour
today!*

Memory Care

The 26 bed Memory Care Unit at Davenport Lutheran Home is designed to provide a safe and caring environment for those living with Alzheimer's Disease and other forms of dementia. There are private and semi-private rooms available. This Unit is staffed with specially trained caregivers to appropriately meet the needs of residents afflicted with these diseases.

Assisted Living

Our 17 Assisted Living apartments offer an independent lifestyle without the work and worry of maintaining a house. Each unit has a full kitchen, carpeting & draperies and individual heat/air control. The base rent for each unit includes such amenities as cable TV, continental breakfast, lunch and dinner. The safety features in the bathrooms, the smoke detection system and the 24-hour emergency call service provide added peace-of-mind for the resident and their family.

Independent Town Homes

There are 14 beautiful Town Homes in our community. Each one has a spacious floor plan and many amenities. Town Home residents enjoy an independent, self-reliant lifestyle without the burden of upkeep and maintenance of a house.

"Providing Seniors Quality Christian Care and Service"

Davenport Lutheran Home Communities

1130 West 53rd Street - Davenport, IA 52806 - (563) 391-5342 - www.lhaa-e.org

Diane Gloede, COO, Administrator



**THE LUTHERAN
HOME for the AGED
ASSOCIATION-EAST**



Skilled Care

The Physical Therapy Program at Davenport Lutheran Home includes non-surgical, medication-free treatment options for a wide range of conditions.

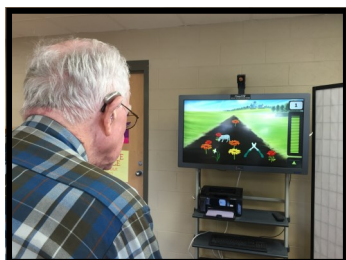
Our specialized treatment programs address many common health conditions. They have been developed around medical research using proven rehabilitation procedures. The programs may also use technology called Therapeutic Modalities, such as ultrasound, shortwave diathermy, gentle electrical stimulation or infrared light. These programs may be helpful in the treatment of many common conditions and related symptoms experienced by aging adults, such as:

- *Pain
- *Swelling
- *Arthritis
- *Muscle weakness
- *Coordination or balance problems
- *A recent fall or fear of falling
- *Recovery from joint replacement
- *Complications from stroke
- *Loss of movement
- *Slow healing wounds
- *Bladder problems
- *Post-surgical recovery
- *Carpal tunnel syndrome
- *Muscle weakness related to COPD



The OmniVR™ Revolutionizing Rehabilitation

The OmniVR™ is the world's first 3D "virtual rehabilitation" system designed specifically for aging adults and others with physical limitations.



The Therapy Gym at The Lutheran Home is equipped with state-of-the-art, progressive rehabilitation technologies and our professional staff has received advanced training in specialized treatment programs designed to enhance patient care, quality-of-life and independence.

Physical Therapy Program and Services Include:

- *Mobility Training
- *Therapeutic/Strengthening Exercises
- *Neuromuscular Re-Education
- *Posture and Body Mechanics
- *Contracture Management
- *Family Training
- *Safety Awareness



Occupational Therapy Program

- *Teach new ways to manage daily tasks such as eating, dressing, bathing, home management and community activities.
- *Comprehensive home evaluations.
- *Teach compensatory techniques for losses of strength, cognition, endurance, vision, sensation, coordination & balance.
- *Recommendations and training in use of adaptive equipment.
- *Fabricate or issue splints to prevent deformity, improve function, relieve pain, strengthen weakened muscles or substitute for paralyzed muscles.
- *Training family members and caregivers in safe and effective methods of caring for individuals.

Speech-Language Pathology Program and Services

- *Expressive and receptive language skills
- *Voice and articulation
- *Fluency (stuttering)
- *Memory, thinking and processing
- *Dysphagia management (swallowing therapy)
- *Caregiver training in compensatory techniques for communication and swallowing.