

*Vinton Lutheran Assisted Living
Apartments*

Home Health ~ Town Homes

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*Vinton Lutheran
Home*

Communities & Services

"Providing Quality Christian Care"



Home Health Agency

Independent Living Town Homes

Assisted Living Apartments

24-hour Nursing Care Facility

Medicare Certified Rehabilitation

Memory Care

At our Vinton Lutheran Home Communities, we want you to enjoy your “home”. That is why we take pride in our amenities and accommodations, designed to meet your needs. Whether you want to embrace your independence or gain peace of mind through the care we offer, we help you make the most of your “home”.



The Lutheran Home for the Aged Association - East

“Our mission and philosophy of Christian service is based upon the teachings and actions of our Lord, Jesus Christ.

We believe that each individual is entitled to, and will be treated as an individual with dignity, courtesy, understanding and love.”

Dementia Care

Enabling and Empowering

Our focus is on enabling and empowering, through what is necessary to compensate for each persons disability, and recognizing the unique way in which each person deals with his or her world.

Dementia care is one of the richest areas of human care, but requires very high levels of ability, creativity and insight; all are characteristics of our specialized staff serving the residents.

Enhancing the lives of each individual requires very delicate sensibilities, highly developed skills and new forms of preparation and training. Our staff is continually updated with the latest available information.

“The most heart-breaking decision for our family was realizing our precious Mom needed full time care. The Lutheran Home in Vinton, Iowa has become her home now and we can’t be more satisfied with the comfort and care she receives as a resident there.

On our very first visit we were treated with the utmost compassion as we had many concerns for her. That compassion continues to this day from each and every person that is employed there. Mom is treated with tenderness and dignity and we have such peace knowing she is so well cared for. Thank you, Vinton Lutheran Home.”

- The Schirm Family

What is a secure Memory Care unit?

*A highly specialized, secure home environment.
As abilities are lost, we promote independence
and quality of life.*

Memory Care

The nursing facility features a newly renovated secure Memory Care Unit for those with Alzheimer/Dementia type illnesses. The Memory Care Unit provides a safe, caring, supportive and low stimulus environment to appropriately meet the needs of each resident.



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Spiritual Life

Spiritual life is one of the most important aspects of living at our Lutheran Home Communities. We are blessed with a designated Chapel. Our chaplaincy program is more than just a Sunday service. Our chaplains conduct Worship services, communion, Bible study, family support, Memorial services along with individual visits/counseling.

Home Health can help you with...

Getting to the Doctor
Housekeeping
Setting up medication
Personal cares

Home Health Agency

Our goal is to help clients of all ages regain or retain the ability to live safely in their own home. We provide Skilled and private services.

Vinton Lutheran Home Health Agency accepts Medicare, Medicaid and Waiver programs, which are 100% covered. We also serve clients with qualifying insurance plans, VA benefits and private pay. Services are provided within 35 miles of Vinton, including all of Benton County.



need strength training following an illness. Often times, this level of care is obtained for a short time and the resident may return safely and comfortably back to their home.

Medicare Part A or private insurance benefits (HMO or PPO's) can be used when an individual has had three consecutive overnight stays under inpatient status in the hospital for a qualifying diagnosis.

Specialized Services

- Physical therapy, Occupational therapy, Speech therapy, and/or Restorative therapy.
- Specialized wound care
- IV therapy
- Gastrointestinal feedings
- Medication management
- Many other services
- Transitional care is available for those who may benefit from additional preparations to return home

"The transition from our home to the Lutheran Home was easy. Everyone has been very understanding. We take one day at a time, our goal is to move back to our own home."

-Brenda Happel

What is Skilled care?

Short-term care focused on strong rehabilitation and nursing care to recover or heal from an illness or injury.

Skilled Care & Rehab

A team approach is used to design the most effective treatment program to meet each person's specific needs. The ultimate goal is to achieve the highest level possible and retain or regain the highest possible quality of life.

Generally, this type of care is for those who have had a stroke, fractures and/or individuals who



Services Offered

Our Registered Nurses provide a variety of Skilled services:

- Assessments
- Medication set-up
- Ostomy & wound care
- Telephone checks
- In-home lab work
- Diabetic care
- Postoperative care
- Care for all ages, including pediatrics and young adults

Therapists are contracted through Millennium Therapy. Physical, Occupational and/or Speech Therapists evaluate and treat clients.

Home Health Aides provide:

- Bathing and personal cares
- Assistance with home exercise program
- Medication reminders
- Respite care

Homemakers help make every day tasks easier:

- Light housekeeping and laundry
- Transportation to appointments
- Assistance with running errands and groceries
- Medication reminders
- Companionship

Independent Senior Living Community

Independent Living Town Home

Duplex Town Homes are available for those individuals who desire a more independent style of living without the worry and burden of a house. The Town Homes, located on the east side of the Lutheran Home Community Campus, provide a unique lifestyle with privacy and self-reliance.



Amenities

We offer both private and semi-private rooms. Each room is furnished with a bed, bedside dresser, closet, TV and a bookcase. Every resident room is linked to an emergency call system. We encourage all residents to personalize their rooms with pictures, mementos and other items for a homey atmosphere. The facility also has a large dining room and small lounges for visiting.

Services

- Medication and treatment administration
- Individual / Family education
- Assistance with daily living tasks such as bathing, dressing, toileting, etc.
- Therapy
- Wound care
- Socialization
- Wide range of activities
- Open dining and choice menus
- Housekeeping and laundry
- Resident-centered care
- Chapel services
- Beauty Shop
- Hospice services are available
- Respite

What is 24-hour care?

A senior living option for those who need constant care or supervision with their daily needs.

Intermediate 24-Hour Care

Our newly renovated Nursing Facility is designed for residents who require 24-hour care and supervision by nursing staff. Resident care is available on either a short or long term basis.

Our conscientious, caring staff is always available to assist in any way.



Town Home Amenities

- 1350 square feet of living
- Two bedrooms and two bathrooms
- Spacious living area with
- Four-season sun room
- Attached garage and a private entrance.
- Close proximity of shopping, churches and other community social functions.

Fee Structure and Services

Acquiring your Town Home means you purchase occupancy rights. A monthly service fee is charged to each residence. This service fee includes:

- Exterior & interior maintenance
- Cable television
- Annual deep cleaning and window washing
- Lawn care, snow & ice removal
- Insurance and property taxes;
- Activities, Sunday worship and Bible Study provided at the Lutheran Home

Additional services are available through our Home Health Agency such as meal delivery, daily chores, nursing visits, assistance with bathing, etc.

A limited number of Town Homes may be available for rent. Please inquire at one of the offices of the Lutheran Home Community for more information.

*Are you finding daily tasks
a little more difficult?*

Assisted Living Apartments

We believe that if senior adults maintain a normal life-style and continue to make choices with minimal assistance, they will thrive, live with dignity and enjoy the opportunities which life has for each of God's children that have been entrusted to our care.

Whether you are independent or need daily assistance, our staff is always there to help!



Amenities

We have eighteen apartments, with three sizes to choose from. Each cozy apartment is furnished with amenities much like you would find in your own home:

- Kitchen, living room and bedroom(s)
- Bathroom with walk-in shower and bench
- Emergency call system
- Individual heat and air control
- Private mailbox
- On-site laundry
- Lounges for visiting

Services

- Staff on-site 24-hours per day
- Three balanced meals daily
- Choice menus for meals
- Weekly cleaning and laundry
- Bathing assistance, if needed
- Weekly shopping trips
- Weekly Bible Class and Chapel Service
- Daily activities
- Beauty Shop

*"I am glad I made the decision to move into my apartment.
I am completely happy!"- Helen Berry*