

"Providing Quality Christian Care and Service"



VINTON NEWS



Resident & Tenant Birthdays

Rosemary Rayman: 2/2
 Millie Burris: 2/4
 Margaret Greaser: 2/6
 Edna Eldridge: 2/18
 Irene Geiger: 2/18
 Martha Edwards: 2/23
 Christine Bierschenk: 2/27
 Shirley Jensen: 2/28

Employee Birthdays

Kathy Chamberlain: 2/1
 Kathy Beltramea: 2/2
 Charlene Hoff: 2/8
 Laurie Baker: 2/11
 Christine Smith: 2/11
 Colleen Spangler: 2/13
 Jennifer Alderson: 2/15
 Cindy Shaver: 2/16
 Tracy Bevins: 2/27



Spiritual Corner

By Rev. Lawrence Schmidt, VLH Chaplain

TWO LOVE STORIES

1. There was once a married couple who had an argument the morning before the husband went to work. Later that day he was in an accident at work and died. That night the wife went to get her robe and saw the sleeves of her husband's terry cloth robe draped around her white satin robe and realized he had gone into the closet before leaving for work to position those robes as if he was giving her a hug. She felt sorry about the argument and her behavior, but knew her husband loved and forgave her. For several nights she slept with the closet light on so she could see the entwined robes and be assured of her husband's deep love for her.

2. All of our Lutheran Home residents and we fall out of favor with God from time to time because of our sinful nature. But as we repent and are remorseful, He wraps His arms of love around us and says, "Be of good cheer; your sins are forgiven." To be reassured of that love and forgiveness, we daily look into the light of God's Word for pictures of His mercy and grace. By the power of His Spirit we then go forward in freedom, joy, peace, and hope.



Coping with Dementia over Coffee & Donuts

Date: Third Tuesday of every month

At the Vinton Lutheran Home

Time: 9:30am

Please join us for a time of fellowship and support as we discuss the hardships that often come when coping with and caring for a loved one with dementia.

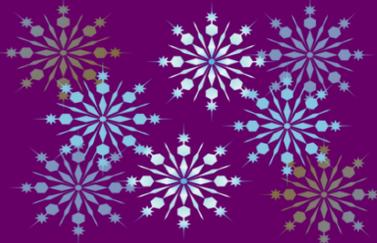
Coffee and Donuts will be provided. All are welcome.

VINTON LUTHERAN HOME COMMUNITIES
 2460 Highway 160 Hwy - Vinton, VA 22441
 Assisted Living Apartments - Stroke Services - Senior Health
 1300 W. 2nd Street - Vinton, VA 22460

Welcome to the Vinton Lutheran Home Communities

new residents and tenants:

Shirley Dietrich- Assisted Living
 Nadine Hanneman- Lutheran Home
 Viola Vaupel- Assisted Living



Important Town Home

Dates to Remember:

2-26-19: Town Home Luncheon at The Lutheran Home
2-28-10: Town Home Maintenance Day

Homemade Spiced Cocoa Mix

Kitchen Corner

Ingredients

- ◆ 1/3 C nonfat dry milk
- ◆ 1 T unsweetened cocoa
- ◆ 2 t sugar
- ◆ 1/4 t cinnamon
- ◆ Pinch of ground allspice
- ◆ Pinch of ground nutmeg
- ◆ 1/4 t vanilla powder
- ◆ 3/4 C lukewarm water

DIRECTIONS

Whisk all the dry ingredients together with the water. Once the cocoa is thoroughly blended, heat to desired drinking temperature in microwave or on the stovetop.



*You can always use 3/4 C of milk in place of the water and dry milk. If planning to drink the cocoa right away.



FEBRUARY

2019 V.L.H. Assisted Living, and Memory Care Calendar



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|--|---|---|
| <p>Calendar Color Key Main Area = Black Memory Care = Blue Assisted Living = Red</p> | <p>Calendar is subject to change. Outdoor activities are weather permitting.</p> | | | | | |
| <p>3 10:45am-Chapel with Pastor Francik Super Bowl Sunday Appetizer Dinner Rams vs. Patriots</p> | <p>4 9:00am-MC Sarah Reading her Book 10:00am-Sarah Reading her Book 11:00am-Devoations 1:00pm-AL Finish Lines 2:30pm-Penny Ante</p> | <p>5 9:30am-MC Music with Elaine 11:00am-Devoations 1:00pm-Music with Lu 1:45pm-AL Exercises 2:30pm-Capitol Arrows with Strawberry Floats</p> | <p>6 8:45am-MC Manicures 10:00am-Reading Circle 10:30am-Bible Study 10:45am-Open Communion 11:10am-Devoations 1:45pm-AL Bingo 2:30pm-Manicures</p> | <p>7 9:00am-MC Balloon Volleyball 10:00am-Make Valentines 10:00am-AL Coffee Time 11:10am-Devoations 1:45pm-AL Exercises 2:30pm-Bingo</p> | <p>8 9:00am-MC Balloon Circle 10:00am-Exercises 11:10am-Devoations 1:00pm-AL Manicures 2:30pm-February Birthday Party</p> | <p>9 National Pie Month </p> |
| <p>10 10:45am-Chapel with Pastor Schmidt Iowa BB Game Tailgate Dinner</p> | <p>11 9:00am-MC Balloon Ball 10:00am-Balloon Volleyball 10:45am-LCMS Communion 11:10am-Devoations 1:00pm-AL Trivia 2:30pm-Capitol Hunting</p> | <p>12 9:00am-MC Noodle Fun 10:00am-Valentine Trivia 11:10am-Devoations 1:00pm-MC Music with Lu 1:45pm-AL Exercises 2:30pm-Whats in the Bag</p> | <p>13 8:45am-MC Manicures 10:00am-Reading Circle 10:30am-Bible Study 11:10am-Devoations 1:45pm-AL Bingo 2:30pm-Manicures</p> | <p>14 Valentine's Day 10:00am-AL Coffee Time 11:00am-Valentine Luncheon 1:45pm-AL Exercises 2:30pm-Bingo</p> | <p>15 9:00am-MC Balloon Circle 10:00am-Exercises 11:10am-Devoations 1:00pm-AL Manicures 2:30pm-Penny Ante</p> | <p>16 Country Store 10:00am </p> |
| <p>17 10:45am-Chapel with Pastor Schmidt DAYTONA "500"</p> | <p>18 Presidents' Day 9:00am-MC Balloon Ball 10:00am-Balloon Volleyball 11:10am-Devoations 1:00pm-AL Finish Lines 2:30pm-Presidential Trivia</p> | <p>19 9:00am-MC Noodle Fun 10:00am-Piggy Bankers 10:40am-Presbyterian Communion 11:10am-Devoations 1:00pm-MC Music with Lu 1:45pm-AL Exercises 2:30pm-Darts</p> | <p>20 8:45am-MC Manicures 10:00am-Reading Circle 10:30am-Bible Study 11:10am-Devoations 1:45pm-AL Bingo 2:30pm-Manicures</p> | <p>21 9:00am-MC Bowling 10:00am-Trivia 11:10am-Devoations 10:00am-AL Coffee Time 11:10am-Devoations 1:45pm-AL Exercises 2:30pm-Bingo</p> | <p>22 9:00am-MC Balloon Circle 10:00am-Exercises 11:10am-Devoations 1:00pm-AL Manicures 2:30pm-Chocolate Tasting</p> | <p>23 </p> |
| <p>24 1:00pm-Chapel with Pastor Preus</p> | <p>25 9:00am-MC Balloon Ball 10:00am-Balloon Volleyball 11:10am-Devoations 1:00pm-MC Music with Carolyn Hahls 1:00pm-AL Trivia 2:30pm-Make and Bake your own Pie</p> | <p>26 9:00am-MC Noodle Fun 10:00am-Noodle Hockey 11:10am-Devoations 1:00pm-MC Music with Lu 1:45pm-AL Exercises 2:30pm-Bingo</p> | <p>27 8:45am-MC Manicures 10:00am-Reading Circle 10:30am-Bible Study 11:10am-Devoations 1:45pm-AL Bingo 2:30pm-Manicures</p> | <p>28 9:00am-MC Balloon Volleyball 10:00am-Bowling 10:00am-AL Coffee Time 11:10am-Devoations 1:45pm-AL Exercises 2:30pm-Music with Harry</p> | <p>Happy Birthday Rosemary Rayman 2/2 Millie Burris 2/4 Margaret Greaser 2/6 Edna Eldridge 2/18</p> | <p>Happy Birthday Irene Geiger 2/18 Martha Edwards 2/23 Christine Bierschenk 2/27 Shirley Jensen 2/28</p> |